ELLINGTON TOWN CRIER

A SENIOR CENTER NEWSLETTER

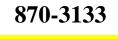
Erin R. Graziani, Director Noreen Staiger, Assistant MaryAnne Mandell, Receptionist Van Drivers: Jeanne Magurany Clay Farnham and Paul Sawyer

Greetings from the Director-

We had a fun time at the annual Hawaiian Luau given by the EHS Student Council. Please join our Memories group at their presentation on June 2 at 7pm at Hall Memorial Library. June is filled is another invitation to the public, please attend our TRIAD Ice Cream Social "Get Your Scoop on Safety" held at the Senior Center on June 11 from 2-4 pm. New Volunteer, Donohue will teach Barabra CANASTA, King's Row on Thursdays at 2pm. Please refer to the inside of this newsletter for information about a fundraiser for Baby Hunter D'Onofrio. We hold Hunter and his family in prayer. Have a safe and fun Summer!!

Blessings to All Sincerely,

Erin R. Graziani



TELEPHONE

June 2006

OUT TO LUNCH:

Date: June 6, 2006

Time: Noon
Restaurant: Ellington
Pizza & Restaurant

Meet at Senior Center at 11:30 a.m. Van Transportation Available

To Access the Town Crier News & Calendar on the Town's website:

www.ellington-ct.gov

- click "Our Town News"
- select "newsletter"
- select "Senior Center"

VAN NEWS: Please sign-up for transportation with the Receptionist, if you wish to take the van. To reserve a ride, please call (870-3133) at least 3full business days in advance. We can not honor requests for rides left on the answering machine. First time riders, must fill out "Intake" form prior to your ride.

Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical appointments for Ellington residents. For reservations call Senior Center Director, Erin Graziani at 870-3133 at least 3 weeks in advance. Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging.

Ellington Senior Center 16 Church Street

Monday: 8:30 am to 6:00 pm Tues-Thurs: 8:30 am to 4:00 pm Friday: 8:30 am to 1:30 pm

MEMORIES & CREATIVE WRITING

"As time Goes Bye" Memories Booklet Volune II

Join us for an evening of listening pleasure, as our writers share their stories with us.

at

Hall Memorial Library Friday, June 2 at 7:00 p.m.

Refreshments Served

Van Transportation is available by calling the Senior Center at 870-3133

Musical Insights

Musical Insights

Programs take place on the second & fourth Monday at 6:00 p.m. Transportation available by calling the Senior Center at least 3 days in advance.

June 12: Jack Cohen presents
Ludwig von Beethoven

June 26: Barbara Caramante, Piano Soloist

July 10: Patriotic Program this evenings event will feature representatives honoring Memorial Day, Flag Day and Veteran's Day.

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HEALTH & WELLNESS NEWS

Blood Pressure Clinics and Diabetic Screening:

Blood pressures **2nd & 4th Tuesday** from 1:30-3:00 p.m. Diabetic Screenings

HOME & COMMUNITY HEALTH CARE, INC.

Join us at the Senior Center for a series of health presentations from 1:30 to 2:30 p.m.

June 28: Alzheimer's Disease presenter Kim Bozzone, RN Aug. 23: COPD, Emphyzema, Asthma presenter Kim Bozzone, RN

*Sign-up at the Senior Center, if you plan to attend. Thank you

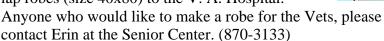
"New For You" Exercise class every Monday from 9:00 to 10:00 a.m. Classes \$3.00 for residents; \$4.00 for non-residents. Instructor: Alcyone Brennan

<u>Tai Chi Sword, 24 and Fan:</u> Every Monday beginning with Sword at 10:45 a.m.., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.

The Better Age Singers—The Singers will take a hiatus and return in September. Anyone interested joining this group, call the Senior Center at 870-3133 for details.

VETERAN'S NEWS:

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital.



Veteran Contacts:

- VFW- **Jim Stemmerman, Commander** @ **872-3446** or Services Officer **Morris Webber** @ **875-2613**
- American Legion
 — Leonard Johnson Services Officer @ 871-1498
- Veteran's Affairs-State Representative Ted C. Graziani @ 240-8531



THE BOOK CLUB



This month we share a book that we have read

Time: 11:00 a.m. Place: Senior Center

Van transportation is available by calling the senior center one week prior to the meeting date.

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Dancing:

Line Dancing: Every Monday @ 1:00– 2:30 pm with Dot Willis

All other dance classes; Ballroom, Oberek and Polka to resume in September *Look for our "Social Dancing" Time coming on Fridays this Fall.

BETTER AGE CLUB

Meetings takes place at the Senior Center **June 8:** Bee Keeper, Ed Evans @ 1:00 pm

June 22: Noon Pot Luck luncheon, bring paper bag bingo surprise, hot or cold dish, and place setting(President & Vice President in charge of dessert)

August 10: Picnic at the Senior Center is the Garden Thyme area. Please bring a lunch, drinkand lawn chair. 2nd Vice-President and Corresponding Secretary will bring watermelon. Rain date is the next day (8/11)



Wednesday morning at 11:00 with Master Gardener,
Nancy Long our volunteer

We are in need of perennials!!



MOVIES OR MALL Tuesday, June 13

The van goes to the Buckland Mall or to the Redstone Cinemas.

Classic film Show time is 1:00p.m.

Cost is \$1.00 for admission, popcorn and soda.

Please reserve your ride on the van one week ahead.

CARDS AND GAMES

<u>The Bridge Players</u>: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

Evening Cards: Setback: Tuesdays &

Saturdays at 7:00

Pinochle: Every Friday at 5:30 See Bob Karlowicz.

Games Night: The 1st Monday of every month @6pm; see

Joan Randall.

<u>Mahjongg:</u> Come join in the fun! Every **Monday** @ **1pm** and every **Friday** @ **10:00** a.m., see Sylvia Kravitz.

ANNUAL SENIOR PICNIC

Henry Park (TAC Building for rain location)

Sat. June 17, 2006 11:00 a.m.

Van transportation available to Ellington residents by calling the Senior Center at 870-3133 by June 12

BENEFIT PICNIC FOR BABY HUNTER JAY D'ONOFRIO

Carolyn Cook's niece, Kristy was 5 months pregnant while vacationing with her husband and family in Florida when on March 9 she went into labor and delivered a baby boy weighing 1 pound, 10 oz. Hunter remains in a hospital in Hollywood, Florida. He can not be moved just yet. Kristy is by his side, while his dad returned to Connecticut to work. To date, Hunter needed 3 surgeries! Friends of the family, will be having a fundraiser on

Sunday, June 25 at 1:00 p.m. at 24 Bolton Center Road in Bolton.

Tickets Cost \$ 10 for single, \$20 for couple and kids are free. Food, Music, Raffles, BYOB.

TICKETS CAN BE PURCHASED AT THE SENIOR CENTER.

Call the Senior Center at 870-3133 for more details.

THE CRAFTY CORNER

Rose Parent's Sew & So: 1st and 3rd Thursday @ 9:30 a.m.

Carolyn's Crafts: 2nd & 4th Thursday @ 10:00 am

<u>Denise Dupell's Block Knitting:</u> Every Monday @ 2:00 pm

Lucille's Knitting: 2nd, 3rd, 4th Tues. @ 2:00 p.m.

ELDERLY OUTREACH SERVICES:

Contact Anna L. Turner, @ 870-3131 for Information on programs and services for residents age 60 and older.

Programs in June at the Senior Center June 1: "The Well Being Empowerment Series: Learn Secrets to Staying Well." Presented by Shawna Markel at 10 a.m.

- All programs held at the Senior Center please call 870-3133 to register.
- For Van Transportation, please call the center at least 3 full business days in advance.

TRIAD PRESENTS

"Get Your Scoop on Safety" - Ice Cream Social

- Sunday, June 11, 2006
- 2:00 to 4:00 p.m.
- Ellington Senior Center

Sponsored by Ellington Municipal Agent and Human Services Department.

Van Transportation available by calling the Senior Center at 870-3133 by June 7

PLEASE REFER TO THE INSERT "TRIPS SPECTACULAR"

for details
All trips are open to the public regardless of age